



Kettle Moraine High School Freshman Invite

Date: Thursday, April 27th

Hosted By: Kettle Moraine High School

Teams Competing:

(Boys) Brookfield East, Cambridge, Catholic Memorial, Franklin, Germantown, Hartford, Muskego, Riverside, Waukesha West, West Allis Hale

(Girls) Cambridge, Catholic Memorial, Germantown, Hartford, Muskego, Riverside, Waukesha West, West Allis Hale

Entries:

All entries will be due by TUESDAY 4/25 at noon. Entries will be made at wi-track.com. If you include an email for contact information a reply to ensure we got your entries can be sent. Your entries are hidden once you hit send.

If you have the numbers, you may enter a second/third team for a 50% discount, just contact Steffany Jewell or Mike Dussault ASAP and we will set it up for you.

Any scratches or scratch/replacements can be made at the coaches meeting. There will be NO reseeding of races in the event of a replacement.

Please send your entry fee per the contract ASAP due to the end of the year bookkeeping crunch it would help to have it in advance.

It has come to our attention in the past that some teams fill out their rosters with non-varsity 10th through 12th graders. Please do not do this; the intent of this meet is to have the freshman compete against other freshman. So feel free to bring all levels of freshman but please make sure they are freshman.

Team Entry Limits: Two athletes and one relay team per event.

Individual Entry Limits: Four-event limit per athlete as designated by the WIAA

Team Scoring: Through 8 places (10-8-6-5-4-3-2-1)

Awards: Ribbons will be given for 1st-8th place in all events.

Timing of Events:

3:15PM Coaches Meeting (Garage at the southwest end of the track by the concession stand)

4:00PM Field Events Start
Running Events Start

NOTE: All events will be finals.

Field Events:

Shot Put & Discus:

Boys first in discus with girls to follow; Girls first in shot put with boys to follow; 4 throws, no finals.

Long & Triple Jump:

Boys and girls together. Open pit for 90 minutes (Note: This length of time has worked well in the past; if the pits are busy we can extend the time, but this will be a meet management decision). 4 jumps, no finals; athletes can piggyback 3 spots back one time, then return to the end of the line.

High Jump:

Boys will jump on the east pit, girls will jump on the west pit. Five alive rule will be followed and check out time will be 10 minutes. The bar will be set two marks lower than the 8th seed.

Pole Vault:

Girls to start, boys enter at height. Starting height determined at the coach's meeting.

Running Events:

Special Note: The 3200 meter run and perhaps the 3200 m relay will be a combined race with separate scoring if there is fewer than 20 combined runners or 10 relay teams (note this will be announced at the coaches meeting at 3:15 as well as on the PA system).

Event Times/Order of Events:

4:00PM

Field Events and 3200m Relay

Order of Running Events (All events are run Girls first followed by Boys)

3200 M Relay

100 M High Hurdles Girls

110 M High Hurdles Boys

100 M Dash

1600 M Run

800 M Relay

400 M Dash

400 M Relay

300 M Low Hurdles Girls

300 M Intermediate Hurdles Boys

800 M Run

200 M Dash

3200 M Run

1600 M Relay

More Meet Information:

The athletic trainer will be on site by 3:45 in the garage area if you need athletic assistance. (Where we have the coaches meeting).

Concessions: The KM booster club will have concessions available

Admission will be charged, please inform your parents.

Meet Managers:

This meet will be run by Steffany Jewell (Girls Head Coach) and Mike Dussault (Boys Head Coach).

If you run into issues prior to the meet, please contact one of us:

Steffany Jewell (KMHS Girls Head Coach)
Email: jewells@kmsd.edu
Cell: (262) 370-3623
School: (262) 968-6200 ext. 8433

Mike Dussault (KMHS Boys Head Coach)
Email: dussaultm@kmsd.edu
Cell: (847) 849-0284
School: (262) 968-6200 ext. 8425