



14th ANNUAL BRIAN STEINKE LASER CO-ED TRACK INVITATIONAL

DATE: Friday **May 5th, 2017**

TIME: 3:15 PM Coaches Meeting
4:00 PM Field Events AND Running Events Start

MEET DIRECTORS: Mike Dussault (Boys Head Coach), Steffany Jewell (Girls Head Coach)

Contact information:

Mike Dussault: Work phone: 262-968-6273 x8425
Cell Phone: (847) 849-0284
Email: dussaultm@kmsd.edu

Steffany Jewell: Work phone: 262-968-6273 x8433
Cell Phone: (262) 370-3623
Email: jewells@kmsd.edu

COMPETING SCHOOLS:

BOYS TEAMS

1. Cedar Grove
2. Cudahy
3. Hamilton
4. Living World Lutheran
5. Muskego
6. New Berlin Eisenhower
7. Pewaukee
8. Waukesha North
9. Waukesha West
10. Whitefish Bay
11. Kettle Moraine

GIRLS TEAMS

1. Catholic Memorial
2. Cedar Grove
3. Cudahy
4. Hamilton
5. Living World Lutheran
6. Muskego
7. New Berlin Eisenhower
8. Pewaukee
9. Waukesha North
10. Waukesha West
11. Kettle Moraine

ENTRIES

ENTRY FEE: \$120 per squad. **Must be paid prior to the meet.** Make checks payable to Kettle Moraine Athletic Department.

TEAM ENTRY LIMITATIONS: 35 individual entries total, max of 3 per any event...1 relay team per event. Count carefully when making entries, we will try to contact you but if we can't we will start deleting entries at the 3200 m and working up event list (i.e. 3200, 200, 800, 300 hurdles, etc.)

Entries are due by 9:00 pm Wednesday night, May 3rd ...if you include your contact information, a confirmation email can be sent. Please enter your information at www.wi-track.com

Unlimited scratches – **No replacements the day of the meet without a note from a physician or school administrator.** We pushed back the deadline for entries to avoid issues with replacements we have had in the past.

INDIVIDUAL ATHLETE LIMITATIONS: Maximum of 4 events per athlete as per WIAA rule.

AWARDS

Team plaque for first place team. Medals for all events, 1st through 3rd place. *Also male and female "Athlete of the Meet" awards by coaches' vote at end of meet.*

TEAM SCORING: 10 - 8 - 6 - 5 - 4 - 3 - 2 - 1

FIELD EVENTS

All approach surfaces, except weight events, are seal flex. The same spike length for running events are allowed. Weight circles are concrete. (Check out time of 10 minutes for Field Events, except in LJ/TJ trials with open pit)

- A. Girls' long jump 1st, boy's triple jump 1st: Open pit for 45 minutes (max) in trials 3 jumps, top 9 to finals. Finals 3 jumps (1-1-1). 15 minutes between events and finals.
- B. Throws: 3 throws in trials, top 9 to finals. 10 minute warm-up between flights as well as finals. Boys discus 1st, girls shot 1st. 15 minute warm-up between events. All implements will be weighed in.
- C. High Jump: 5 alive format will be followed. Starting height will be the 8th seed minus two heights. Boys first followed by girls.
- D. **Pole Vault: Girls 1st, 8th seed minus 2 heights, Boys to follow...Coaches bring your verification forms with you, don't fax them in please.**

GENERAL INFORMATION

TRACK SURFACE: Seal flex track, 8 lanes. 1/4" spikes (maximum) allowed. *Note: **Spot checking will occur.***

TEAM AREAS: Teams may camp on the north end of the track in the grassy area (Please note that there is no fence between this area and the track so athletes will need to be aware of the corner and keep all lanes clear). Any other camps will need to be set up in the bleachers or other areas outside the track/field complex.

CONCESSIONS/ADMISSIONS: The Kettle Moraine Booster Club will have concessions available. T-shirts will be available.. Admission will be charged, please let your parent know.

TRAINER: An athletic trainer will be on site starting at 3:45PM. Athletes can find the trainer at the southwest corner of the track right by the gate to the track.



**14th ANNUAL BRIAN STEINKE LASER CO-ED TRACK INVITATIONAL
FRIDAY May 5, 2017**

Schedule of events. All scratches are to be made in the coaches meeting which will take place in the garage at the southwest corner of the track (by the concession stand) at 3:15PM.

4:00 Field Events
4:00 **110 Meter High Hurdle Trials (B)** heat winners to finals plus next fastest times
100 Meter High Hurdles Trials (G) heat winners to finals plus next fastest times
100 Meter Dash Trials (G) heat winners to finals plus next fastest times
100 Meter Dash Trials (B) heat winners to finals plus next fastest times
600 Meter Finals (G) 8 per section max
600 Meter Finals (B) 8 per section max
3200 Meter Relay (G) 1 Section Final
3200 Meter Relay (B) 1 Section Final
200 Meter Dash Trials (G) heat winners to finals plus next fastest times
200 Meter Dash Trials (B) heat winners to finals plus next fastest times

FINALS

National Anthem (10 minute break prior to finals)

100 Meter High Hurdle Finals (G)
110 Meter High Hurdle Finals (B)
100 Meter Dash Finals (G)
100 Meter Dash Finals (B)
1600 Meter Run (G)
1600 Meter Run (B)
800 Meter Relay (G)
800 Meter Relay (B)
400 Meter Dash (G)
400 Meter Dash (B)
400 Meter Relay (G)
400 Meter Relay (B)
300 Meter Low Hurdles (G)
300 Meter Intermediate Hurdles (B)
800 Meter Run (G)
800 Meter Run (B)
200 Meter Dash Finals (G)
200 Meter Dash Finals (B)
3200 Meter Run (G) 1 Section
3200 Meter Run (B) 1 Section
1600 Meter Relay (G)
1600 Meter Relay (B)

Awards Presentations

- Team Champions as well as Athletes of the Meet. Coaches meet at mid-field when called to vote on athletes of the meet.
- 2 divisions based on school enrollment.
- We are scoring only standard format, but the top 50% of school populations will be large school and the lower 50% will be small school...again, standard scoring, We are not scoring large vs. large, small vs. small....explanation at coaches meeting if required.